

April 2024 – Classes

Valleywise Community Health Center – South Phoenix/Laveen
 Family Resource Center
 5650 S. 35th Ave, Phoenix, AZ 85041 | 602-655-6406



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 ● 11:30 am – Farm Express Mobile Market	02 ● 1 pm – Zumbini® ● 2:30 pm – ESL Café	03 ◆ 9:30 am – Play & Learn ● 10 am – Sensory Play ● 3 pm – Social Skills	04 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 11 am – Lifestyle Matters	05	06 Valleywise Health Community Celebration 11am – 3 pm New Valleywise Health Medical Center 2601 E Roosevelt St, Phoenix, AZ 85008
08 ● 1:30 pm – Week of the Young Child® (WOYC) - Music Monday	09 ● 12 pm – Week of the Young Child® (WOYC) - Tasty Tuesday ● 1 pm – Zumbini® ● 2:30 pm – Technology Matters ◆ 5 pm – Safe Sleep for Babies	10 ◆ 9:30 am – Play & Learn ● 10 am – Week of the Young Child® (WOYC) - Work Together Wednesday ● 3 pm – Social Skills	11 ◆ 9 am – Women's Self-Improvement Series ● 10 am – Week of the Young Child® (WOYC) - Artsy Thursday ◆ 10:30 am – Zumbini® ● 11 am – Lifestyle Matters	12 ● 10 am – Week of the Young Child® (WOYC) - Family Friday	13
15 ● 11:30 am – Farm Express Mobile Market	16	17 ◆ 9:30 am – Play & Learn	18 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini®	19	20
22	23 ◆ 5 pm – Safe Sleep for Babies	24 ◆ 9:30 am – Play & Learn	25 ◆ 9 am – Women's Self-Improvement Series ◆ 10:30 am – Zumbini® ● 12 pm – FRC Closed	26	27
29 ● 11:30 am – Farm Express Mobile Market	30				Hours: Monday: 8 am - 4:30 pm Tuesday: 8 am - 4:30 pm Wednesday: 8 am - 4:30 pm Thursday: 8 am - 4:30 pm Friday: 8 am - 4:30 pm

● In person | ◆ Virtual

valleywisehealth.org/FRC | frc@valleywisehealth.org